



BEACONS of CHANGE

manifesto

WE ARE A SISTERHOOD

We know that healing **together** outshines healing alone.

We are committed to turning challenges into **opportunities**, bringing **purpose** to pain, & living **outside of our comfort zone**.

Instead of letting the winds of change pull us off course, **we create our own turning points**, & direct our own destinies.

We balance doing **and being**, giving **and receiving**,
CARING FOR OTHERS AND FOR OURSELVES.

We are devoted to **radical self-care** and to **joy**.

We resist being invisible.
We resist hiding in the back.
We resist staying small.

We embrace our **imperfections**, our failures, & our **humanness**.

And when we fall,
we **always choose to rise!**

We rise to **shine our light** and to live as a guide for others.
We are the **Beacons of Change**.